***POSSESS 4th Quarter Membership Meeting***

***December 14, 2023 – 2:00 p.m.***

**Call to Order**

President Janet Briscoe called meeting to order at 2:03 p.m. and welcomed everyone in attendance.

**Presentation**

Presentation: Fred Liggin, Clinical Trauma Professional

The presentation focused on trauma and the social services worker, particularly:

* Mindfulness
* The different types of stress and the emotional, physical, and mental effects that traumatic stress can have
* The dangers of unprocessed traumatic stress

**New Business**

The meeting minutes from the 3rd Quarter Membership Meeting were reviewed. Ann May moved to accept the minutes as submitted. Christopher Edwards seconded the motion, and the motion was carried.

Breakout Session

Attendees were placed in virtual groups and were tasked with asking and answering the following questions: What is your agency doing to celebrate Christmas, and name one of your work goals for 2024. The discussions were spirited, and they gave us an opportunity to learn a little more about each other. When these sessions ended, we all returned to our virtual space to continue the meeting.

**Committee Reports**

Most of the committees (fundraising, networking, and sunshine) submitted reports before the meeting, and they were emailed along with the agenda.

**Professional Development**

Professional Development will be meeting before the end of December/early January. They will be discussing workshops for the spring conference. Every member is encouraged to send their ideas to President Janet Briscoe.

Our Vice President Mary Cloud did not have a chance to submit a report before the meeting, and she was unable to make the meeting today. Our spring conference is from April 29-May 1, 2024. It will be held at the Williamsburg Lodge in Williamsburg. More details will be shared as they become available.

Parking was an issue last year because there is not a lot of space available. Be sure to get a parking pass from the front desk so that you can park for free. Free day parking passes will be available for those conference attendees who are not staying at the main hotel.

**Fundraising Committee**

Melissia Hill reported that the spring fundraiser will include a gift card tree and a 50/50 raffle. We plan to start fundraising at the beginning of 2024.

**Technology Committee**

Celene Pumphrey is working with the Technology Committee. She shared information on VDI. The state is evaluating the application now which began as a pilot program in Fairfax. We need to be sure that this system is able to be used in all agencies. We should know more by February 2024.

Also, be careful when using the Kinship app because it has not been proven to be interactive with our current VDSS systems. The Technology Committee will put together an informational packet, and Janet will send it out to all members.

**Membership Committee**

Ann May reported that this committee will look at our membership to determine which agencies are not represented in POSSESS, and they will reach out to those agencies and try to get new members because every agency needs representation.

**Sunshine Committee**

The Sunshine Committee announced a new project, Member Spotlight. Members from every region will be nominated because of a special quality or unique contribution to their agency and their community. Accepted members will be highlighted on our website. This will start in January, and members will be featured every quarter. We will continue to recognize our birthdays and work anniversaries.

**Networking Committee**

President Janet Briscoe chairs this committee. Their next meeting will be in January 2024. They are looking for new members to help them develop the networking sessions for the next quarter.

Our Webmaster continues to work to improve our website. She has been training interested members and welcomes the input and assistance of anyone interested in helping to maintain and update our website.

**Open Discussion:** The next membership meeting is March 21, 2024, at 10:00 a.m. Please submit any ideas or requests for training that you would like to see at that meeting. There is a possibility that Thomas Brothers may be able to do a virtual training at that time.

We are also looking for conference workshop ideas for the spring conference. Someone suggested that Excel training would be a good workshop to have.

It was mentioned that we sponsor a networking event for all the organizations (POSSESS, BPRO, AND VASWP). We will not be able to do this, but President Janet Briscoe reminded us about the hospitality suite BPRO usually has. Every attendee can go, and this is a great way to meet and interact with members of the other organizations.

Someone suggested getting an app that we can access during conference to keep everyone informed about workshops and other events. This is not a cost-effective endeavor, and Wi-Fi at the hotels is always an issue. The hotel will have electronic boards that will display our conference schedule, and every attendee will get a printed program.

Someone suggested that we switch to a different name badge. Christopher Edwards has knowledge of a possible badge that we can use to replace what we currently have. He will send that information to President Janet Briscoe. She will review it and submit it to the conference planners for approval.

**Announcements:** The next meeting will be March 21, 2024, at 10:00 a.m.

**Adjournment:** The meeting was adjourned at 3:44 p.m.

Respectfully submitted,

Melissia Hill

Meeting Attendees – December 14, 2023

Janet Briscoe, President

Dhaniella Wijaya Munoz, Treasurer

Melissia Hill, Eastern Regional Representative

Christopher Edwards, Western Regional Representative

Ann May, Central Regional Representative

Ann-Marie Giannini, Webmaster

Fred Liggin – guest presenter

Wanda Carroll

Catrice Alliers

Jeannie Chapman

Christy Little

Karen Gordon

Katlen Lyday

Amber Graham

Christy Lloyd

Terri Mabry

Tracy Moore

Vicky Morris

Patty Wagoner

Dara Shafer

Erica Curry

Tracy Hall

Shannon Wiercioch

Tracy Aviles

Celene Pumphrey

Magali Brownfiel

Tracy Moore

Rebecca Cochran

Sherry Drew

Jody Seale

Brenda Howard

Anne Leary

Angela Scott

Melissa Croson

Kamesha Watson

Kristal Smith

Taylor Chaffin

Tanika Kendrick

*This list may not include the people who may have dialed in.*